

# One-to-Two Zero Balancing

With Lisa J. Berger, L. Ac. , ZB Faculty

WINTER 2019 Clinic Dates and Hours:

Thursdays, Jan. 10 & 31, Feb. 14 & 28, March 14  
Appointments: 2:40, 3:20, 4:00, 4:40, 5:20

Zero Balancing® improves mobility, relieves pain, sharpens senses, and facilitates self-confidence. Most people feel more free, grounded and joyful after a **One-to-Two ZB Session**.

In this clinic setting, Lisa treats two clients per appointment slot using comfortable touch through clothing on a massage table. New clients may participate after a private session or consultation.

### These Zero Balancing Sessions:

- Address tissues of adaptation, instinct and awareness — bone, ligaments, organ membranes and other fascia;
- Include pauses for reorganization and integration; and
- Fee is only \$35, sliding to \$25, based on need for reduced rate.

Contact Lisa at 413-397-9800 or [deerfieldhealingarts.com](http://deerfieldhealingarts.com)



265 Greenfield Rd., South Deerfield MA  
[www.inbodyarts.com](http://www.inbodyarts.com)

Lisa also teaches Zero Balancing courses:  
**Contact Lisa you are interested!**